

## PHILOSOPHY, PSYCHOLOGY, and SPIRITUALITY

***Blink*** by Malcolm Gladwell. A brief tour of the power of intuition and the need to balance it with information so as to avoid gruesome mistakes.

***The New Science of Axiological Psychology*** by Leon Pomeroy. New York, NY: Amsterdam - New York, NY: Editions Rodopi B.V., 2005. This ground-breaking book documents the use of scientific validity measures to create an empirical science of values, integrating cognitive psychology with Robert S. Hartman's formal theory of axiological science.

***Radical Axiology: A First Philosophy of Values*** by Hugh P. McDonald. Amsterdam - New York, NY: Editions Rodopi B.V., 2004. A fresh start for philosophy, discovering values as the "ground floor" of all philosophy.

***Stumbling on Happiness*** by Daniel Gilbert. New York, NY: Vintage Books, 2005. A Harvard psychologist describes the mistakes of imagination and illusions of foresight that cause us to misconstrue our tomorrows; why we seem to know so little about the people we are about to become.

***Letter to a Christian Nation*** by Sam Harris. New York, NY: Alfred A. Knopf, 2006. A heartfelt response to those who claim to be transformed by Christ's love but are deeply, even murderously, intolerant of criticism and those who believe differently.

***Bush on the Couch: Inside the Mind of the President*** by Justin A. Frank, MD. New York, NY: Regan Books, 2004. Frank, Clinical Professor of Psychiatry and George Washington University Medical Center, creates a psychological case study based on public appearances and publicly available material. Illuminating.

***The Creation: An Appeal to Save Life on Earth*** by Edward O. Wilson. New York, NY: W. W. Norton, 2006. The renowned biologist issues a call for action to religious leaders everywhere.

***Whose Freedom? The Battle of America's Most Important Idea*** by George Lakoff. New York, NY: Farrar, Straus and Giroux, 2006. Another contribution to linguistics and cognitive science for the non-academic by a serious progressive.

***The Portable Nietzsche*** edited and translated by Walter Kaufmann. New York, NY: Penguin Books, 1982. An anthology of the work of this frequently misunderstood philosopher.

***The Yalom Reader: Selections from the Work of a Master Therapist and Storyteller*** by Irvin D. Yalom. New York, NY: BasicBooks, 1998. An anthology of essays on Group Therapy, Existential Therapy, and On Writing by a master of them all.

***Love's Executioner & Other Tales of Psychotherapy*** by Irvin D. Yalom. New York, NY: BasicBooks, 1989. A classic work illuminating the complex relationship between therapist and patient.

***The Sins of Scripture: Exposing the Bible's Texts of Hate to Reveal the God of Love*** by John Shelby Spong. New York, NY: HarperCollins Publishers, 2005. A retired Episcopal bishop and lifetime student of the bible lays bare the evil available to those who wield biblical passages like weapons in the name of God.

***The Spiral Staircase: A Climb Out of Darkness*** by Karen Armstrong. New York, NY: Anchor Books, 2004. A moving account of the spiritual journey of this influential religious scholar.

***Rocks of Ages: Science and Religion in the Fullness of Life*** by Stephen Jay Gould. A thoughtful look at an age-old dilemma, arguing for a golden mean that accords dignity and distinction to the two ways of human knowing.

***When Religion Becomes Evil: Five Warning Signs*** by Charles Kimball. An eloquent exploration of both bright and the dark sides of religious traditions.

***Acknowledging What Is: Conversations with Bert Hellinger*** by Bert Hellinger and Gabriele ten Hôvel. Accessible discussion of Hellinger's unique discovery and use of family constellations to reveal hidden, and often destructive, family dynamics.

***The World's Religions*** by Huston Smith. This 1958 classic is as important today as when it was first printed. It holds a venerable position in our library.

***The End of Faith: Religion, Terror, and the Future of Reason*** by Sam Harris. An insightful and informative analysis of the clash between reason and religion on the modern world.

***Presence: Human Purpose and the Field of the Future*** by Peter Senge, Joseph Jaworski, et al. A journey through human change and learning in an effort to understand how collective adaptation occurs.

***Sophie's World*** by Jostein Gaarder. A novel about the history of philosophy written for teenagers. Outstanding.

***Under the Banner of Heaven—a Story of Violent Faith*** by Jon Krakauer. Riveting chronicle of the Mormon faith and its fundamentalist spinoffs.

***The Battle for God: A History of Fundamentalism*** by Karen Armstrong. A dense study of how radical forms of religious expression shape world history.

***Values Clarification: A Practical, Action-Directed Workbook*** by Howard Kirschenbaum et al.

A new edition of an old classic.

***Moral Politics: How Liberals and Conservatives Think*** by George Lakoff. Illuminating discussion of why the right and the left don't understand and can't hear each other.

***Birth and Death of Meaning*** by Ernest Becker. A philosophical and psychological classic.

***Building a Bridge to the 18th Century: How the Past can Improve Our Future*** by Neil Postman. A call for cultural progress by learning from the past.

***Conscientious Objections : Stirring Up Trouble About Language, Technology and Education*** by Neil Postman. Funny and provocative essays by a pre-eminent social critic.

***Leadership Without Easy Answers.*** by Ronald A. Heifitz. a practical approach to leadership for those who lead as well as those who look to them for answers.

***The 7 Habits of Highly Effective People*** by Stephen Covey. A classic, with powerful lessons about personal change.

***Crazy Talk, Stupid Talk*** by Neil Postman.

***Escape From Evil*** by Ernest Becker. A renowned author's 1975 exploration of the natural history of evil.

***A History of God*** by Karen Armstrong. Highly informative, if heavy reading. A distillation of the history of monotheism and the shaping of the conception of God.

***Idiot's Guide to the Bible*** by James Bell and Stan Campbell. Short summary of biblical stories.

***Islam in the World*** by Malise Ruthven. Meaty and extremely informative in understanding the Muslim world view, and our own.

***Power for Living*** from the Arthur S. DeMoss Foundation. Clearly lays out the dogma and belief system of Born-Again Christianity.

***Miracle of Mindfulness; A Manual on Meditation*** by Thich Nhat Hanh. A lucid and beautifully written guide to Eastern meditation

***The Future of the Body; Explorations Into the Further Evolution of Human Nature*** by Michael Murphy. A catalog of studies of metanormal experience with suggestions of activities that may evoke these capacities, and which might constitute a crucial next step in the world's evolutionary adventure.

***The Life We Are Given: A Long-Term Program for Realizing the Potential of Body, Mind, Heart, and Soul*** by George Leonard and Michael Murphy. An outstanding roadmap to personal transformation, offering a set of techniques that are both challenging and profound.

***No Boundary: Eastern and Western Approaches to Personal Growth*** by Ken Wilber. The author's second book, written nearly thirty years ago, confronts its reader with the important question, "Where are the edges of the self?"

***A Theory of Everything: An Integral Vision for Business, Politics, Science and Spirituality*** by Ken Wilber. Despite his annoying and ever-present ego, Wilber admits readers to his informative vision of integrative styles of business, education, medicine, ecology, and how we address world conflicts. A follow-up to ***Integral Psychology***.

***Spiral Dynamics : Mastering Values, Leadership, and Change*** by Don Edward Beck and Christopher C. Cowan. Spiral Dynamics draws extensively upon over 40 years of research by Beck, Cowan, and their mentor Clare W. Graves into "biopsychosocial systems development." Spiral Dynamics is their creation of a profound and dynamic model of the evolution of human consciousness. The book is tough going, and not well written, and unfortunately doesn't do the extraordinary subject matter a favor.